

<b>Board- ICSE</b>	<b>Std- 7<sup>th</sup></b>	<b>Topic- Allergy</b>
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**Q.1 Multiple Choice questions :**

**(a) Hay fever and asthma are**

- (i) Deficiency diseases
- (ii) Genetic diseases
- (iii) Organic diseases
- (iv) Allergy diseases

**(b) Cataract is a disease of:**

- (i) Ears
- (ii) Nose
- (iii) Eyes
- (iv) Throat

**(c) Infectious diseases can be prevented by:**

- (i) Medicines
- (ii) Proper food
- (iii) Immunisation
- (iv) Exercise

**(d) Which one of the following is a genetic disease ?**

- (i) Scurvy
- (ii) Leukemia
- (iii) Goitre
- (iv) Haemophilia

**Which one of the following is a degenerative disease ?**

- (i) Thalassemia
- (ii) Beri-beri
- (iii) Cataract
- (iv) Diabetes

**(f) Pellagra is one disease caused by the deficiency of:**

- (i) Vit. B3
- (ii) Vit. B1
- (iii) Vit. C
- (iv) Vit. D

**(g) Deficiency of Iodine in one's food can cause :**

- (i) Beri-beri
- (ii) Goitre
- (iii) Scurvy
- (iv) Pellagra

**Q.2 What is a non-communicable disease ?**

**Q.3 What is a deficiency disease ?**

**Q.4 What are communicable diseases ? How can they be avoided ?**

**Q.5 Biting nails should be strictly avoided. Give reason.**

**Q.6 Regular exercise and proper rest is a must. Give reason.**

**Q.7 Children eating more of fast food tend to suffer from obesity (overweight). Comment.**

**Q.8 Define the term "allergy".**

**Q.9 Name the inflammatory chemical released by the basophils causing skin reaction and constriction of the bronchioles.**

**Q.10 How the allergy causing chemical is naturally removed from the body ?**

**Q.11 Name the following:**

1. A viral disease caused due to unhealthy sexual contact
- . 2. A bacterial disease caused due to contaminated water
- . 3. A disease caused due to Plasmodium
- . 4. A disease caused due to the bite of female Culex mosquito
- . 5. A viral disease caused by the bite of a dog

**Q.11 Find the odd one out:**

- (a) Typhoid, cholera, jaundice, tuberculosis, tetanus.
- (b) Cold, AIDS, plague, malaria, measles.
- (c) Scurvy, rickets, haemophilia, pellagra, night blindness.
- (d) Proteins, carbohydrates, fats, minerals, cancer.