

Board – CBSE

Class – 6

Topic – Food Where Does It Come from

1. Do you find that all living beings need the same kind of food?

Ans. No, all living beings do not need same kind of food

2. Name five plants and their parts that we eat.

Ans. The names of five plants and their parts that we eat are:

(i) Paddy: seeds

(ii) Wheat: seeds

(iii) Mustard plant: seeds and leaves

(iv) Brinjal plant: fruits

(v) Potato plant: stems

3. Match the items given in column A with those in column B

Column A	Column B
Milk, curd, paneer, ghee	eat other animals
Spinach, cauliflower, carrot	eat plants and plant products
Lions and tigers	are vegetables
Herbivores	are all animal products

Column A	Column B
Milk, curd, paneer, ghee	are all animal products
Spinach, cauliflower, carrot	are vegetables
Lions and tigers	eat other animals
Herbivores	eat plants and plant products

Ans.

4. Fill up the blanks with the words given:

herbivore, plant, milk, sugarcane, carnivore.

(a) Tiger is a _____ because it eats only meat.

(b) Deer eat only plant products and so is called _____.

(c) Parrot eats only _____

(d) The _____ that we drink, which comes from cows, buffaloes and goats is an animal product.

(e) We get sugar from _____

Ans. (a) carnivore (b) herbivore (c) plant (d) milk (e) sugarcane

Very Short Answer Type Questions

1. Give two examples where two or more parts of a single plant are used as food.

Ans. Mustard - seeds and leaves.

Pumpkin - fruit and flowers.

2. Name any one plant that grows in water and is eaten as food.

Ans. Lotus - Stem of lotus is eaten as food.

3. Suggest any three ways you can think of to avoid wastage of food.

Ans. (i) Avoid leaving food uneaten in meals.

(ii) "Eat to live" and not "live to eat" - excess eating should be avoided.

(iii) Raw food like pulses, grains should be stored properly.

4. Name two sugar producing plants.

Ans. (a) Sugarcane (b) Sugarbeet.

5. Name a non-green plant that we eat.

Ans. Mushroom.

6. What do you call the habit of an individual to eat a particular type of food items commonly?

Ans. Food habits.

7. Compare your food habits with the food habit of your friend who lives in Tamil Nadu.

Ans. My food habits: Chapatti, pulses, lassi, rice, vegetables, mustard oil. Food habit of my friend: Idli, dosa, sambhar, bara, rasam, upma and coconut oil, etc.

8. What items are used to prepare cooked rice?

Ans. Raw rice and water.

9. Study the ingredients of various food items. Do they have some common food ingredients?

Ans. Yes, they have some common ingredients like: water, salt and oil or ghee.

10. What are the two common sources of most of the ingredients of food items?

Ans. (i) Plants (ii) Animals

11. Name the three products each provided by plants and animals.

Ans. Plant products: Grains, cereals and vegetables.

Animal products: Milk, egg and meat.

12. Name three edible (eatable) parts of plants.

Ans. (i) Roots (ii) Fruits (iii) Leaves

13. Which part of the plants do we eat generally?

Ans. We generally eat fruits of many plants.

14. Which type of seeds give more energy, sprouted seeds or normal seeds?

Ans. Sprouted seeds give more energy than normal seeds.

15. What is honey?

Ans. A sweet substance (liquid) prepared by bees from the rector, i.e., sweet juice collected from flower is called honey.

16. Where would you place human beings on the basis of food that they eat?

Ans. Omnivores.

17. Name a plant which have one edible part.

Ans. Sugar cane is the plant which has only one edible part.

Short Answer Type Questions

1. What is food?

Ans. The eatable substances eaten by humans and other animals to get energy for various activities for growth and development is called food.

2. Why should we eat cooked food?

Ans. We should eat cooked food because by cooking we can kill harmful germs and make it germless. Cooked food can be easily digested and absorbed by our body. Cooking also improves the taste of food.

3. Explain the importance of food for living organisms.

Ans. Importance of food is:

(i) It provides energy to do various activities.

(ii) It helps in growth.

(iii) It helps to repair and replace damaged parts of the body.

(iv) It protects us from infections and diseases.

4. Explain the various sources of food items and ingredients with the help of examples.

Ans. There are mainly two sources of ingredients of various food items:

(i) Plants: Plants provide us fruits, vegetables, pulses, grains, cereals, etc.

(ii) Animals: Animals provide us with milk, eggs, meat etc.

5. Define the term herbivores.

Ans. The animals which eat only plants or plant products are called herbivores, her example, cow, goat and buffalo.

6. What are carnivores? Explain with examples.

Ans. The animals which eat other animals are called carnivores. For example, lion and tiger. Carnivores generally eat herbivores and other carnivores.

7. Define the term omnivores.

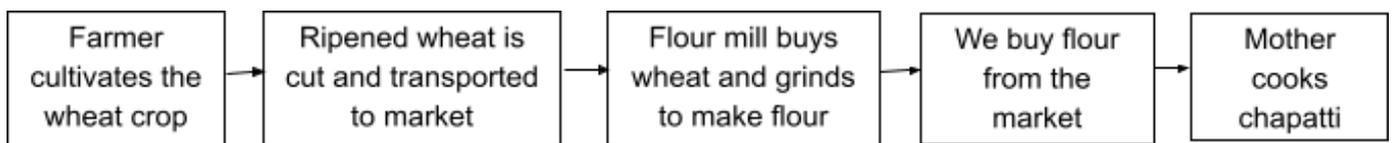
Ans. The animals which eat both the plants and animals are called omnivores. For example, cat, dog and human beings.

8. Why do we need food?

Ans. To fulfill the nutritional requirements of the body we need food. For growth, to get energy and for keeping the immune system healthy we need food. Essential nutrients provide strength to fight against diseases.

Long Answer Type Questions

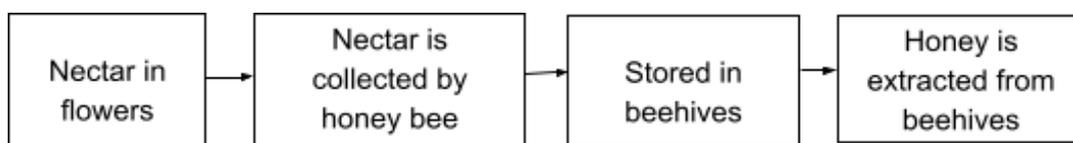
1. With the help of a flow chart show various contributors involved when we eat a chapatti.



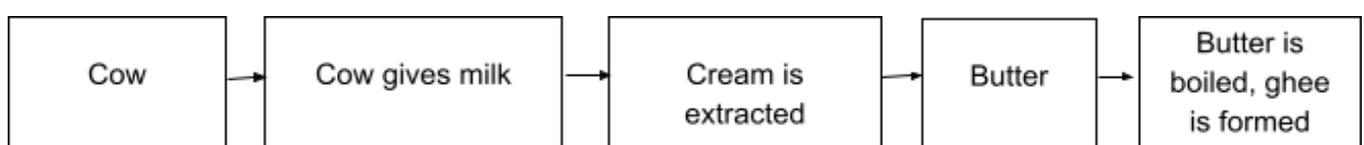
Flow chart

2. Make flow charts for the preparation of honey and ghee.

Ans. Preparation of honey:



Preparation of ghee:



3. Differentiate between herbivores, carnivores and omnivores. Give two examples of each

Herbivores	Carnivores	Omnivores
Animals which eat only plants, plant parts and plant products are called herbivores. Example - Cow, Deer and Elephant.	Animals which other animals are called carnivores. Example - Lion, Lizards.	Animals which eat both plants and animals are called omnivores. Example - Dog, Human beings.

Ans.

4. (i) Name the different parts of a banana plant that are used as food.
(ii) Animal food we get from water resources.
(iii) Four fruits which we eat as vegetables.

- Ans. (i) Flower, fruit and stem of banana.
(ii) Fish, prawn, lobustar and crabes.
(iii) Fruits of tomato, brinjal, Ladyfinger (bhindi). cucumber (Loki).